



What does Inclusion Mean to Me?

Developed in partnership with students from the Trinity Centre for People with Intellectual Disabilities (TCPID)

'Feeling like a welcomed and valued member of the community.'

'Being included means being part of a group.'

'Choice and control over decisions that affect me.'

'Being together with people from different counties/places.'

'Going to the Buttery, meeting up with friends.'

'Understanding you are a person like everyone else.'

'Taking the time to listen to others in order to understand their needs/ experiences.'